

Mother of 3 Children + 2 Cats + 1 dog

Health and Fitness Expert-over 27 years

Personal Training and Nutrition Certified

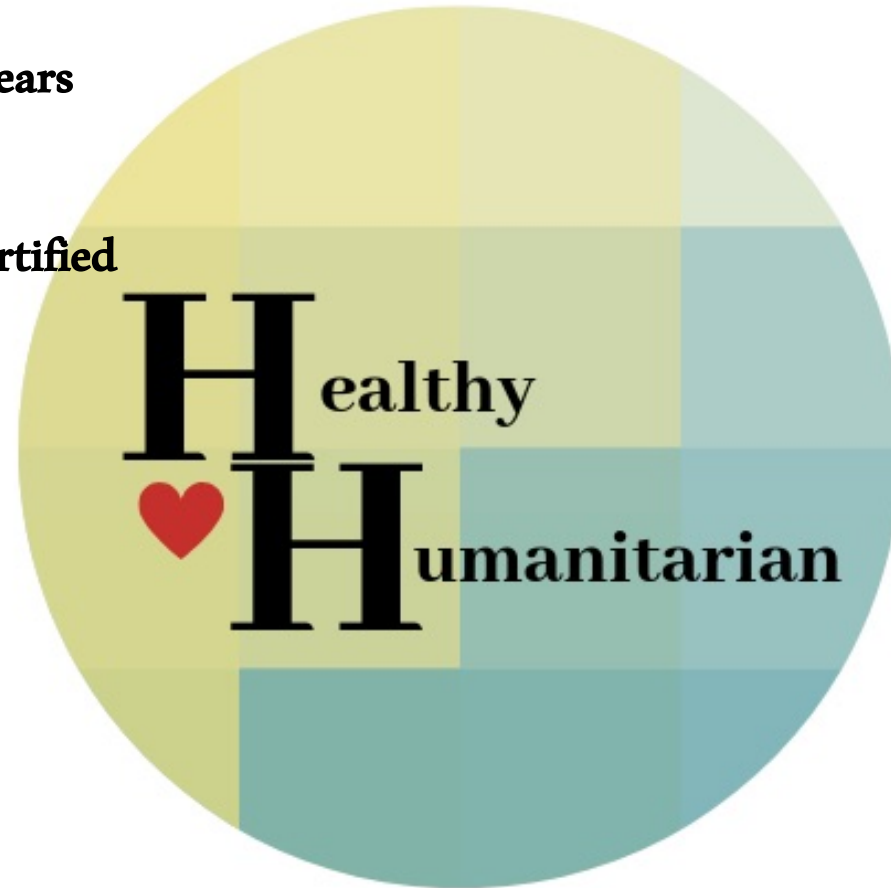
Former School Teacher

Musician-Vocal and Instrumental

Love anything outdoors

USAPL Competitor-Masters

Adventure and travel seeker



Graduate Student

**MA English, emphasis Technical
Communication**

Technical Communication

Experience:

- **Personal business**
- **Education**
- **Management**

BA Communications, emphasis

Elementary Education

Minor in Music